

Dear Y Member,

Thank you for your loyalty, patience, and support over the last few months. We are excited that we finally have approval to begin opening the Y! We will be opening in stages beginning **Tuesday, June 9, 2020**.

Our phased approach allows us to safely open and move through the stages carefully based on readiness and demand.

Our "soft opening" starts Tuesday, meaning that members can participate in "individual" activities like weight lifting and lap swimming. And, a smaller than normal offering of group exercise classes will begin on Friday, June 12.

We will require all members and guests to sign our COVID-19 Risk Addendum prior to entering the facility. If you have not yet signed the addendum you received via email, you can do so electronically on our website [here](#). You will need your YMCA key fob barcode number and your last name.

The Shasta Family YMCA's reopening schedule will include the Fitness Center (cardio equipment and weights), household basketball play, lap swim in the outdoor pool, and Child Watch (3 - 12 years). Please note that household basketball play, lap swim, and Child Watch will require reservations, via the Appointment King widget on the home page of our website [www.sfymca.org](http://www.sfymca.org) or by calling the YMCA at 530.246.9622. **Reservations will be available beginning Monday, June 8 at 9:00 am.** There is no registration required for Fitness Center area.

The Y will be open our regular hours:

M – F : 5 am – 9 pm

Sat: 7 am – 6 pm

Sun: 8 am – 4 pm

Child Watch hours:

M- F : 8 am – 12 pm, 3 pm -7 pm

Sat: 8 am – 12 pm

Sun: Closed

Outdoor Pool lap swim hours:

M- F : 5 am – 8 pm

Sat: 8 am - 5 pm

Sun: 12 pm - 3 pm

**Limited in-person group exercise classes will begin Friday, June 12.** Our initial schedule will be available and registration will open Tuesday, June 9. Look for an email in the coming days. We will limit class sizes to allow for social distancing and will require registration via the Appointment King widget on the home page of our website [www.sfymca.org](http://www.sfymca.org) or by calling the YMCA at 530.246.9622.

If your membership is on hold, please reactivate your membership by emailing [membership@sfymca.org](mailto:membership@sfymca.org) or by at the Member Services Desk on your return.

Please contact us at [membership@sfymca.org](mailto:membership@sfymca.org) if you have any further questions.

We look forward to seeing you soon!