

Childwatch

The Shasta Family YMCA offers quality child care to members during their workout at the Y. Your children are supervised by professional, volunteers, who have been fingerprinted for your child's protection. We offer two age appropriate rooms for your children.

Hours of Operation

Monday-Thursday	8:00am – 8:00pm
Fridays	8:00am – 6:30pm
Saturdays	8:00am – 12:00pm



Childwatch: Childwatch is where your child's adventure begins. Children between the ages of 6 weeks to 5 years old enjoy our hands on program which offers a safe, healthy, TV-free environment for all. Our room is equipped with age appropriate toys and offers activities supervised by warm individuals who enjoy cuddling infants, reading books, and playing with the children. Snacks are also provided. Reservations are not required as our program serves families on a first come first served basis.

Kid Zone: Your child's adventure continues as they graduate to Kid Zone. Children ages 5-12 years old are welcome to play Legos, Dinosaurs, cards, and various board games. We also offer arts & craft classes, cooking classes, and outside play, along with outstanding supervision and a continued commitment to provide a safe and healthy environment.

