

Gymnastics

The fun begins here!

All gymnastics classes here at the Shasta Family YMCA have the common goals of fitness and fun. While learning skills and drills, we aim to cultivate not only a love for the sport, but a love for exercise as a whole.



Link: **Program Class Descriptions**

Ages & Times	4 – 8 (girls)	Swans	1:45-2:15 pm	Mondays
	4 – 8 (boys)	Gorillas	2:20-2:50 pm	Mondays
	1½ – 4 yr.	Micro-Monkeys	3:00-3:30pm	Mondays
	3½ – 7 yr.	Medium-Monkeys	3:40-4:10 pm	Mondays
	6 – 12 yr.	Mongo-Monkeys	4:15-4:45 pm	Mondays
	5 – 12 yr.	Chimpanzees	4:50-5:20 pm	Mondays

*(Chimpanzees must meet skill requirements)

Cost:	Members	\$ 5.00 (per 1 month session)
	Non-Members	\$25.00 (per 1 month session)

Date: **June & July**