

Youth Basketball League

Youth Basketball League (YBL) is one of the largest community youth programs offered through the Shasta Family YMCA. Participants include boys & girls, Kindergarten through 6th grade. Games and practices are held on Saturdays every winter. The league fills up fast and enrollment is limited – Sign-ups begin in September!

Volunteer Coaches are always needed!

Divisions:

- Kindergarten
- 1st & 2nd Grade Boys and Girls
- 3rd & 4th Grade Boys and Girls
- 5th & 6th Grade Co-Ed



Kindergarten YBL

The YMCA has developed a “pint-sized” basketball program specifically for kindergarten aged boys and girls. Our coaches will lead the children through basic skills, sportsmanship, cooperation, listening and lots of fun! Players will receive a team shirt. It is a safe, nurturing active environment where your child will have the opportunity to discover what wonderful things he/she can do!

Program Fees:	Member:	\$35.00	
	Non-Member:	\$40.00	
	Member <i>Head Coaches Children:</i>		\$17.00
	Non-member <i>Head Coaches Children:</i>		\$27.00

Program Description:

- * Play is on 6 ft. baskets with a #5 size ball
- * 12 to 15 players per team
- * Every child plays
- * 45 to 50 minute sessions
- * No scores kept



1st & 2nd Grade YBL

1st & 2nd Grade Youth Basketball Leagues introduce basic basketball skills such as passing, dribbling, and shooting. Major emphasis is placed on personal values, team spirit, fair play, and sportsmanship. Competition is low-key; with emphasis on participation. YBL is designed to strengthen each participant's self-esteem, personal relationships, and fitness in an atmosphere of fun and excitement

Program Fees:	Member:	\$35.00
	Non-Member:	\$40.00
	Member <i>Head Coaches Children:</i>	\$17.00
	Non-member <i>Head Coaches Children:</i>	\$27.00

Program Description:

- * 6 League Games
- * Play is on 8 ft. baskets with a #5 sized ball on a shortened court
- * Maximum 10 players per team (plays 5 on 5)
- * Every child plays at least half a game
- * 60 minute sessions
- * No scores kept
- * Games played according to YBL rules



3rd & 4th Grade YBL

3rd & 4th Grade Youth Basketball Leagues introduce basic basketball skills such as passing, dribbling, and shooting. Major emphasis is placed on personal values, team spirit, fair play, and sportsmanship. Competition is low-key; with emphasis on participation. YBL is designed to strengthen each participant's self-esteem, personal relationships, and fitness in an atmosphere of fun and excitement

Program Fees:	Member:	\$35.00
	Non-Member:	\$40.00
	Member <i>Head Coaches Children:</i>	\$17.00
	Non-member <i>Head Coaches Children:</i>	\$27.00

Program Description:

- * 6 League Games
- * Play is on regulation 10 ft. baskets with a women's sized ball
- * Games played according to YBL rules

5th & 6th Grade Co-Ed YBL

5th & 6th Grade Boys Youth Basketball Leagues introduce basic basketball skills such as passing, dribbling, and shooting. Major emphasis is placed on personal values, team spirit, fair play, and sportsmanship. Competition is low-key; with emphasis on participation. YBL is designed to strengthen each participant's self-esteem, personal relationships, and fitness in an atmosphere of fun and excitement

Program Fees:	Member:	\$40.00	
	Non-Member:	\$45.00	
	Member <i>Head Coaches Children:</i>		\$20.00
	Non-member <i>Head Coaches Children:</i>		\$30.00

Program Description:

- * Mandatory Skill Review
- * 7 League Games on Saturdays
- * Practices determined by coaches
- * Teams assigned by league directors
- * High school student referees used
- * Games played according to YMCA rules