

Guard Start



GUARDSTART is a new program, for children ages 11-14, that provides a foundation of aquatic and leadership knowledge, attitudes and skills for future successful completion of the American Red Cross Lifeguarding courses. The instructor will guide participants through several learning objectives such as prevention, fitness, response, leadership and professionalism.

Fees: **Members** **\$30.00** (Course fee includes workbook.)
 Non-Member **\$45.00** (Course fee includes workbook.)

Date: **Tuesday and Thursday, June 22 – August 12, 2010**

Time: **8:00 – 9:00 am**