

Stingrays

This well-liked program prepares kids for a swim team by teaching the fundamentals of competitive swimming.

Instruction includes technique, race starts and race turns.

Emphasis is placed on teamwork and practicing the core values of the YMCA (Respect, Caring, Honesty and Responsibility).

It is a safe, nurturing and active environment where your child will have the opportunity to discover what he or she can do. We serve swimmers from 6-18 years of age.



Time: Fridays 4:30 - 6:00 pm

**Dates: 2010 Session II June 7th – July 9th
 2010 Session III July 12th – August 13^h**

**Fees: Member \$30.00 per session or \$50.00 for both
 Non-Member \$45.00 per session or \$60.00 for both**

All swimmers must possess Fish level swimming skills.