

LAP POOL SCHEDULE

Effective August 13, 2022

Rec Swim



Day	Times	Notes
Sunday	10:00 am – 3:00 pm	
Monday – Friday	11:00 am – 3:00 pm	
Saturday	11:00 am – 5:00 pm	

Lap Swim

Drop-In Lanes available unless indicated

Day	Times	Notes
Sunday	10:00 am – 3:00 pm	
Monday – Thursday	5:00 am – 8:30 am	
	8:30 am – 10:00 am	Shared lanes; Swim Programs scheduled in Outdoor Pool
	10:00 am–3:00 pm	
	Lap Lanes Closed – 3:55 pm – 5:00 pm	
	4:00 pm – 7:00 pm	Shared lanes; Swim Programs scheduled in Outdoor Pool
	7:00 pm – 8:00 pm	
Friday	5:00 am – 3:55 pm	
	Lap Lanes Closed – 3:55pm – 5:00 pm	
	5:00 pm – 7:00 pm	Shared lanes; Swim Programs scheduled in Outdoor Pool
	6:00 pm – 8:00 pm	
Saturday	7:00 am – 8:00 am	
	8:00 am – 11:00 am	Shared lanes; Swim Programs scheduled in Outdoor Pool
	11:00 am – 5:00 pm	

*** Y SOUTH POOL ***

Day	Times	Notes
Monday – Thursday	9:00 am – 10:00 am	Overflow Lap Swim and Adult Water Walking Only
Monday – Friday	4:00 pm – 6:00 pm	Overflow Lap Swim and Adult Water Walking Only

Children 6 and under must be in direct contact with an adult. Non-swimmers must wear a lifejacket if they cannot touch.

Children 11 years and under must pass a swim test and have an adult on deck.

No monofins or mermaid tails permitted. Pool Schedules may change without prior notice. Private lessons may take place at any time.

Drop in lap swim lanes are shared by swimmers. Use circle swimming when sharing with more than 2 people.