

# LAP POOL SCHEDULES

Effective January 16, 2023

## Outdoor Pool Rec Swim



Day	Times	Notes
Sunday	10:00 am – 3:00 pm	
Monday – Friday	11:00 am – 3:00 pm	
Saturday	11:00 am – 5:00 pm	

## Outdoor Pool Lap Swim

*Drop-In Lanes available unless indicated*

Day	Times	Notes
Sunday	10:00 am – 3:00 pm	
Monday – Thursday	5:00 am – 8:30 am	
	8:30 am – 10:00 am	Shared lanes; Swim Programs scheduled in Outdoor Pool
	10:00 am–3:00 pm	
	Lap Lanes Closed – 3:55 pm – 5:00 pm	
	5:00 pm – 8:00 pm	Shared lanes; Swim Programs scheduled in Outdoor Pool
Friday	5:00 am – 3:55 pm	
	Lap Lanes Closed – 3:55pm – 5:00 pm	
	5:00 pm – 7:00 pm	Shared lanes; Swim Programs scheduled in Outdoor Pool
Saturday	7:00 am – 8:00 am	
	8:00 am – 11:00 am	Shared lanes; Swim Programs scheduled in Outdoor Pool
	11:00 am – 5:00 pm	

## Y SOUTH POOL

Day	Times	Notes
Tuesday & Thursday	9:00am – 10:00 am	Overflow Lap Swim, and Water Walking
Monday - Friday	4:00 pm – 6:00 pm	Lap Swim, Open Swim, Programs and Water Walking

Pool Schedules may change without prior notice. Private lessons may take place at any time. Drop in lap swim lanes are shared by swimmers. Use circle swimming when sharing with more than 2 people. Occasionally the Outdoor Pool may close for swim meets. If this happens, Y South will be open as an alternative swim site if possible. Children 6 and under must be in direct contact with an adult.

Non-swimmers must wear a lifejacket if they cannot touch. Children 11 years and under must pass a swim test and have an adult on deck. No monofins or mermaid tails permitted