



FITLAB

Saturday @ 10:30 am

April 5:	Yoga Balance with Leah	Studio 4
April 12:	Belly Dance with Ariel	Studio 2
April 19:	Intro to Cycle with Mallory	Studio 3
April 26:	Knockout Cardio with Dustin	Studio 1



An innovative class
where instructors can
practice new formats
and YOU can be part of
the process!